Build a Boccia Ramp!

Materials that can be used:

- ◊ **Aluminum**
- ◊ **Plywood**
- ◊ **ABS Plumbing Pipe**
- ◊ **Acrylic**
- ◊ **Chloroplast Board**

Boccia Ramps are built out of various light materials and serve two purposes:

1) Give the athlete the ability to aim toward a target ball
2) Enable the athlete to release the ball toward their target

Boccia Ramps should be light weight, facilitate a smooth delivery of the ball from the athlete to the court, and be adjustable in height through tilting or adding length to allow for longer shots.

The ramp should be able to stand alone, be held by a sports assistant or the athlete. Ramp players either release the ball with their hand, or use a helmet and head pointer. This depends on the functional capability of the athlete. Ramps allow for a broader spectrum of participants in the sport of boocia and are used up to the Paralympic level of competition.

Generic ramps can be cheaply made to serve the needs of club level athletes. As an athlete progresses through the levels of competitions, their demands on their ramp will increase and individualized ramps will be created to suit the needs of the athlete.
Be creative in your ramp-making!

The Ontario Cerebral Palsy Sports Association (OCPSA) believes in the value of sport and that sport builds success in all aspects of life. It provides, promotes and coordinates competitive opportunities as well as encourages individual excellence through sport for athletes within the cerebral palsy family. To that end, OCPSA recruits, develops and supports athletes, coaches and volunteers.

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